



CLASS SCHEDULE SCHAFER'S ATA MARTIAL ARTS

Effective
04/13/19

Tigers: Ages 3-6 / Beginners: Ages 7 and up / Adults: Ages 12 and up

MAIN FLOOR

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---------|---------|-----------|----------|---------|--------------------|
| ADULTS | 7:00 pm | 7:00 pm | | 7:00 pm | | |
| BLACK BELTS | 7:00 pm | 7:00 pm | 6:15pm | 7:00 pm | | |
| BEGINNER CLASS <small>White-Camo Belts</small> | 4:00 pm | 6:15 pm | 4:00 pm | 6:15 pm | 4:45 pm | 9:30 am |
| BEGINNER SPARRING <small>White-Blue Belts</small> | 4:45 pm | 5:30 pm | | | 4:00 pm | 10:15 am COMBAT |
| LEADERSHIP | | | 4:45 pm | 5:30 pm | | |
| ADVANCED CLASS <small>Green-Red Belts</small> | 5:30 pm | 4:45 pm | 5:30 pm | 4:45 pm | 4:45 pm | 11:00 am |
| ADVANCED SPARRING <small>Brown Belts and above</small> | 6:15 pm | 5:30 pm | | | 4:00 pm | 10:15 am COMBAT |
| LEGACY | | | 7:00 pm | | | |
|  HYPER | | | | 4:00 pm | 5:30 pm | |
|  <i>Tricking School</i> | | | | | 6:15 pm | |

SPRING FLOOR

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--------------------|---|--------------------|--|---|
| BEGINNING TIGERS <small>White-Camo Belts</small> | 3:30 pm 4:45 pm | 4:15 pm 6:15 pm | 3:30 pm 4:15 pm | 4:15 pm 6:15 pm | | 9:00 am |
| ADVANCED TIGERS <small>Green-Red Belts</small> | 3:30 pm | 4:45 pm | 3:30 pm | 5:00 pm | | 9:00 am |
| TIGER LEADERSHIP* | | | 4:45 pm | 5:30 pm | | |
| TIGER SPARRING | 4:15 pm | 5:30 pm | | | | |
| Instructor Approval Required |  Leadership Required | |  <i>Tricking School</i> Invitation Only | | *TIGER LEADERSHIP 45 minute class | |
| | | | | | |  |

Arrive at least 5-10 minutes prior to your class / Any T-shirts worn under uniform must be white / Bring all needed equipment to each class / You must participate in at least 12-13 Form Classes and 5 Sparring Classes (camo and above- Tigers excluded) in order to be given permission to belt test.