



CLASS SCHEDULE SCHAFER'S ATA MARTIAL ARTS




Effective
01/07/19

Tigers: Ages 3-6 / Beginners: Ages 7 and up / Adults: Ages 12 and up

MAIN FLOOR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ADULTS	7:00 pm	7:00 pm		7:00 pm		
BLACK BELTS	7:00 pm	7:00 pm	6:15pm	7:00 pm		
BEGINNER CLASS <small>White-Camo Belts</small>	4:00 pm	6:15 pm	4:00 pm	6:15 pm	4:45 pm	9:30 am
BEGINNER SPARRING <small>White-Blue Belts</small>	4:45 pm	5:30 pm			4:00 pm	10:15 am COMBAT
LEADERSHIP			4:45 pm	5:30 pm		
ADVANCED CLASS <small>Green-Red Belts</small>	5:30 pm	4:45 pm	5:30 pm	4:45 pm	4:45 pm	11:00 am
ADVANCED SPARRING <small>Brown Belts and above</small>	6:15 pm	5:30 pm			4:00 pm	10:15 am COMBAT
LEGACY			7:00 pm			
 HYPER				4:00 pm	5:30 pm	
 <i>Tricking School</i>					6:15 pm	

SPRING FLOOR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BEGINNING TIGERS <small>White-Camo Belts</small>	3:30 pm 4:00 pm	4:30 pm 6:00 pm	3:30 pm 4:00 pm	4:30 pm 6:00 pm		9:00 am
ADVANCED TIGERS <small>Green-Red Belts</small>	5:00 pm	5:00 pm	5:30 pm	5:00 pm		9:00 am
TIGER LEADERSHIP*			4:45 pm	5:30 pm		
TIGER SPARRING	4:30 pm	5:30 pm				
Instructor Approval Required	 Leadership Required		 <i>Tricking School</i> Invitation Only		*TIGER LEADERSHIP 45 minute class	
						

Arrive at least 5-10 minutes prior to your class / Any T-shirts worn under uniform must be white / Bring all needed equipment to each class / You must participate in at least 12-13 Form Classes and 5 Sparring Classes (camo and above- Tigers excluded) in order to be given permission to belt test.