

CLASS SCHEDULE SCHAFER'S ATA MARTIAL ARTS

Effective
2/05/18

MAIN FLOOR

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---------|----------------|-----------|----------|--------------------|---------------------------|
| ADULTS | 7:00 pm | 6:45 pm | | 6:45 pm | | |
| BLACK BELTS | 7:00 pm | 6:45 pm | 6:15 pm | 6:45 pm | | |
| BEGINNER CLASS <small>White-Camo Belts</small> | 4:00 pm | 6:00 pm | 4:00 pm | 6:00 pm | <u>4:45 pm</u> | 9:30 am |
| BEGINNER SPARRING <small>White-Blue Belts</small> | 4:45 pm | <u>5:15 pm</u> | | | 4:00 pm | <u>10:15 am</u> COMBAT |
| LEADERSHIP | | | 4:45 pm | 5:15 pm | | |
| ADVANCED CLASS <small>Green-Red Belts</small> | 5:30 pm | 4:30 pm | 5:30 pm | 4:30 pm | <u>4:45 pm</u> | 11:00 am |
| ADVANCED SPARRING <small>Brown Belts and above</small> | 6:15 pm | <u>5:15 pm</u> | | | 6:45 pm | <u>10:15 am</u> COMBAT |
| LEGACY | 7:45 pm | | 7:00 pm | | | |
| Acro / XMA <small>*Leadership Students Only</small> | | | | | 5:30 pm 6:00 pm | |
| TIGERS | | | | | | 9:00 am |

SPRING FLOOR

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------------------|---------|-----------|----------|--------|----------|
| BEGINNING TIGERS <small>White Belts ONLY</small> | | 5:30 pm | | | | |
| BEGINNING TIGERS <small>White-Camo Belts</small> | 3:30 pm 4:00 pm | 6:00 pm | 4:00 pm | 6:00 pm | | |
| ADVANCED TIGERS <small>Green-Red Belts</small> | 5:00 pm | 4:30 pm | 5:00 pm | 5:00 pm | | |
| TIGER LEADERSHIP | | 5:00 pm | 4:30 pm | | | |
| TIGER SPARRING | 4:30 pm | | | 5:30 pm | | |
| BEGINNER CLASS <small>White Belts ONLY</small> | | | 5:30 pm | | | |
| Private Class <small>Invitation Only</small> | | 3:30 pm | | 3:30 pm | | |

Arrive at least 5-10 minutes prior to your class / Any T-shirts worn under uniform must be white / Bring all needed equipment to each class / You must participate in at least 12-13 Form Classes and 5 Sparring Classes (camo and above) in order to be given permission to belt test.

