



# Schafer's ATA Black Belt Academy

1460 East Cotati Ave Suite I Rohnert Park, CA 94928 707.793.9401



## It's Party Time!!

Schafer's ATA is not only the best martial arts in Sonoma County but also knows how to throw the best parties in town. Our dedicated staff will work with you to make sure your child has a great time and their friends will leave with smiles on their faces! We have a variety of packages and individualized services to meet your needs. Every party includes a fun filled, nonstop 45 minute "workout" that focuses on basic martial arts techniques and building lifeskills. All our parties are led by certified Black Belt Instructors!

### What to expect for your party:

Upon arrival, guests will be asked to provide a signed waiver so they can participate. The workout will begin about 5 minutes after your party time begins so it is important that your guests arrive promptly and ready to have some fun! Don't worry if you have any late party guests, they will still be allowed to participate! While the kids are running (and kicking) around, parents can socialize and help set up for any food, cakes, and presents that may be opened later.

After a 45 minute workout, parties will be ready for a break! This is the perfect time to relax and have some food and beverages! After feeling refreshed, we will sing Happy Birthday, have some cake, and open any presents you want! To wrap up the party, we will have the birthday boy/girl break a wooden board. We may even play one last game if there is time!

The length of all our parties are 90 minutes with a 15 minute cushion. We would love to know if you have a theme to your party so we can help make it extra special!

### Overnight Party:

Mr. Schafer and staff runs an "over the top" Ninja sleepover party! Due to the nature (and extra planning!) of these parties, it is mandatory that your party be booked AT LEAST 30 days in advance. You can expect a night of fun activities, safe games, and little sleep! Parents are welcome to stay as long as they want to help celebrate their child's birthday (food, cake, presents, etc). GUARANTEED to be a blast for any child! This party includes a brand new heavy weight uniform, food (including snacks and breakfast), and favor bags.



[www.SchafersATA.com](http://www.SchafersATA.com)